

# PARENT UNIVERSITY

Sponsored by **GREELYPTO** & *Foundation 51*



Please join us for a **free forum** that brings local experts and parents together as we learn and discuss useful information about key parenting topics.

#### Register\* at:

<http://www.eventbrite.com/e/greely-parent-university-registration-18465040433>

#### For more information:

[www.greelypto.org](http://www.greelypto.org)

#### E-mail:

Tara Sasseville [tarasass1@msn.com](mailto:tarasass1@msn.com)

Or

Beth Kubik

[beth.kubik@gmail.com](mailto:beth.kubik@gmail.com)

\*pre-registration not required

## FALL 2015

**AN INTRODUCTION TO DIGITAL CITIZENSHIP:** Establishing a Positive Digital Environment at Home

Teri Caouette, Consultant

WEDNESDAY, OCTOBER 7, 6:00 - 8:00 PM

GMS Cafeteria

**RAISING HEALTHY EATERS:** Identifying and Preventing Disordered Eating Habits

Susan Penza Clyve PhD

WEDNESDAY, OCTOBER 21, 6:00 - 8:00 PM

Prince Memorial Library

**BUILDING TRUE STRENGTH:** Supporting Boys as They Develop into Emotionally Healthy, Respectful, Non-violent Men

Matt Theodores, Boys to Men

WEDNESDAY, NOVEMBER 4, 6:00 - 8:00 PM

Cumberland Town Hall

**PARENTING ANXIOUS KIDS:** How to Help Your Worried Child Become More Courageous & Independent

Elizabeth Kubik, PhD

WEDNESDAY, NOVEMBER 18, 6:00 - 8:00 PM

Prince Memorial Library

**HARDY GIRLS HEALTHY WOMEN:** Supporting Girls' Healthy Development by Creating Supportive Partnerships

Kelli McCannell, Hardy Girls Healthy Women

WEDNESDAY, DECEMBER 2, 6:00 - 8:00 PM

Cumberland Town Hall



**Foundation 51** is a community funded non-profit organization with a mission of providing grants to MSAD51 students, teachers, staff, and community members to enrich student development.  
[www.foundation51.org](http://www.foundation51.org)



**Enrich. Connect. Inform.** Our mission is to enhance the educational experience for children attending public schools in the towns of Cumberland and North Yarmouth through communication and cooperation among parents, teachers and administrators of MSAD 51.